Psychological Foundations of Education

Objectives: After successful completion of the course, the students will be able to:
1. acquaint with the psychology of development
2. develop insight into various theories of personality
3. know the concept of intelligence, its theories and measurement
4. understand the Piaget’s theory of cognitive development and its educational implications
5. familiarize with mental health & hygiene and learn adjustment mechanism
6. comprehend the personality theories and the assessment of personality

UNIT-I Educational Psychology, Development and Individual Differences

1. Meaning and Importance of Educational Psychology.
2. Concept of growth and development.
5. Individual differences and its determinants.

UNIT-II Intelligence

1. Concept of Intelligence.
2. Theories of Intelligence: Spearman, Thorndike, and Thurstone.
3. Guilford’s Model of Intellect.
5. Measurement of intelligence and types of tests.

UNIT-III Personality and Mental Health

1. Meaning, definition and determinants of personality.
2. Type theories of personality: Freud, Adler, Jung and Kretschmer.
3. Trait theories of Personality: Allport, Cattell and Eysenck.
4. Humanistic theories of Personality: Maslow and Rogers.
5. Assessment of personality.
6. Mental Health, adjustment and defence mechanism.

UNIT-IV Creativity

1. Creativity: main aspects and the process.
2. Characteristics of creative children.
3. Creativity and problem solving ability.
4. Assessment of creativity.
5. Educational Programmes for creative children.
Books Recommended:

12. Hilgard, Theories of Learning.