Continuing Medical Education (CME) for Medical Officers on Ilaj bit Tadbeer
Organized by
Department of Ilaj bit Tadbeer, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh-202002
Sponsored by
Ministry of AYUSH, Govt. of India, New Delhi

INVITATION
Department of Ilaj bit Tadbeer, Faculty of Unani Medicine, Aligarh announces a 6 days Continuing Medical Education (CME) programme on Ilaj bit Tadbeer for Medical Officers of Unani Medicine to be held on 01-06 October 2016.

The modern world is afflicted with a number of Metabolic, Musculoskeletal and Neuro-degenerative disorders such as Obesity, Diabetes, Hypertension, Low Backache, Cervical / Lumbar Spondylosis, Osteoarthritis, Fibromyalgia and Post Stroke mobility complications causing pain & disability. Pain is the most frequent and one of the troublesome symptoms of an acute or chronic disease leading to functional impairment, emotional distress and social disability that poses a significant challenge in terms of ongoing clinical assessment and selection of appropriate management strategy to the physicians. Restoring/enhancing the daily functioning and wellbeing are increasingly advocated goal in the treatment of pain and disabilities. The indocile and frequent use of Opioids, Steroids and Non-Steroidal Anti-inflammatory drugs has lead to certain serious adverse effects causing major threat to human health and adversely affecting the national workforce inflicting enormous economic burden on the Nation. Presently when no system of medicine has come up with a complete solution, integrated and multidisciplinary approach seems to be more operative and persuasive and therefore, an Alternative system of medicine is being looked upon with great hope. Unani system of medicine employs many pharmacological as well as non pharmacological interventions (Hijama, Irsl Alaq, Fasd, Dalak, Riyazat, Hammam etc.) for the management of pain and Prevention of lifestyle disorders. Ilaj bit Tadbeer has great potential to treat such kind of ailments and therefore may play a major role in the management of metabolic syndrome, painful condition and circumscription of the degree of disability. The purpose of this CME programme is to update the knowledge of Ilaj bit Tadbeer among the Medical Officers of Unani medicine and train them to various Regimenal procedures.

In view of the above, the Organizing Committee would like to invite the application from interested Medical Officers of Unani Medicine to participate in the CME programme. The duly filled in registration form may be sent to the Organizing Secretary by post or through email at ilajbittadbeer@gmail.com. The last date to submit the registration form shall be 10th September 2016. Only 30 selected candidates will be invited to attend the CME programme. The participants will be paid AC-II rail fare by shortest route or AC-Bus subject to production of original tickets. The boarding and lodging will be arranged by the Department as per rule.

Areas of Deliberation and Practical Demonstration:
1. Fundamentals of regimes of Ilaj bit Tadbeer
2. Cupping therapy: Mechanism and Effects
3. Therapeutic application of Venesection in various disorders
4. Leech therapy in Osteoarthritis
5. Therapeutic Massage in various Neuromuscular disorders
6. Wax therapy in Soft Tissue Injury
7. Role of therapeutic diet in Metabolic Syndrome
8. Intervention of Regimenal modalities for management of Pain
9. Non pharmacological interventions in the management of Low Back Ache
10. Management of Obesity
11. Spondylosis Prevention and Management
12. Etiopathogenesis and management of Sciatica

Tentative Schedule:

01-06 October 2016

Corresponding Address:
Prof. Mohd Anwar
Chairman
Department of Ilaj bit Tadbeer, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh-202001, (U.P.) India
Contact No.: 0571-2403022, 08979224254,09412276843, 08755199034
Continuing Medical Education (CME) for Medical Officers on Ilaj bit Tadbeer

Organized by
Department of Ilaj-bit-Tadbeer, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh-202002

Sponsored by
Ministry of AYUSH, Govt. of India, New Delhi

on
01-06 October 2016

REGISTRATION FORM

Name of Delegate: ..........................................................................................................................................................

Designation: ........................................ Registration Number....................................................

Name of Hospital / Department..........................................................................................................................

.......................................................................................................................... State....................................................

Date of first continuous appointment.................. Total experience..........................................................

Address for Communication: ..........................................................................................................................

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Email Id: ........................................ Mobile No.: ..........................................................

Whether the candidate has attended any other CME in same academic year 2016-17. Yes/No............

Signature of Delegate

Name & Designation of forwarding authority..................................................................................................

Remark: ..........................................................................................................................................

Signature of Forwarding Authority

(Seal)

Instructions:

1. The application should be duly forwarded by the competent authority i.e. D.O./Director/Principal/Head of Institution.
2. The total number of trainees will be 30 to the maximum, not more than 5 trainees from a particular state.
3. The candidates will be selected on the basis of seniority.
4. The priority will be given to the subject concerned teachers. In case of non availability of subject concerned teachers then allied subject teachers may be considered.
5. No amount will be paid to the trainees except reimbursement of travelling expenses .the TA will be paid for AC-II class Train fare/AC-Bus to the trainees subject to production of original tickets. However, boarding and lodging will be provided by the Department as per AYUSH rule.
Continuing Medical Education (CME) for Teachers on Ilaj bit Tadbeer

Organized by
Department of Ilaj bit Tadbeer, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh-202002

Sponsored by
Ministry of AYUSH, Govt. of India, New Delhi

INVIITATION

Department of Ilaj bit Tadbeer, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh announces a 6 days Continuing Medical Education (CME) programme on Ilaj bit Tadbeer for Teachers of Unani Medicine to be held on 05-10 December 2016.

The modern world is afflicted with a number of Metabolic, Musculoskeletal and Neuro-degenerative disorders such as Obesity, Diabetes, Hypertension, Low Backache, Cervical / Lumbar Spondylosis, Osteoarthritis, Fibromyalgia and Post Stroke mobility complications causing pain & disability. Pain is the most frequent and one of the troublesome symptoms of an acute or chronic disease leading to functional impairment, emotional distress and social disability that poses a significant challenge in terms of ongoing clinical assessment and selection of appropriate management strategy to the physicians. Restoring/enhancing the daily functioning and wellbeing are increasingly advocated goal in the treatment of pain and disabilities. The indolent and frequent use of Opioids, Steroids and Non-Steroidal Anti-inflammatory drugs has lead to certain serious adverse effects causing major threat to human health and adversely affecting the national workforce inflicting enormous economic burden on the Nation. Presently when no system of medicine has come up with a complete solution, integrated and multidisciplinary approach seems to be more operative and persuasive and therefore, an Alternative system of medicine is being looked upon with great hope. Unani system of medicine employs many pharmacological as well as non pharmacological interventions (Hijamah, Irsle Alaq, Fasd, Dalak, Riyazat, Hammam etc.) for the management of pain and prevention of lifestyle disorders. Ilaj bit Tadbeer has great potential to treat such kind of ailments and therefore may play a major role in the management of metabolic syndrome, painful condition and circumscription of the degree of disability. The purpose of this CME programme is to update the knowledge of Ilaj bit Tadbeer among the Teachers of Unani medicine and train them to various Regimenal procedures.

In view of the above, the Organizing Committee would like to invite the application from interested Teachers of Unani Medicine to participate in the CME programme. The duly filled in registration form may be sent to the Organizing Secretary by post or through email at ilajbittadbeer@gmail.com. The last date to submit the registration form shall be 10th October 2016. Only 30 selected candidates will be invited to attend the CME programme. The participants will be paid AC-II rail fare by shortest route or AC-Bus subject to production of original tickets. The boarding and lodging will be arranged by the Department as per rule.

Areas of Deliberation and Practical Demonstration:

1. Fundamentals of Ilaj bit Tadbeer
2. Cupping therapy- A benevolent mode of treatment
3. Venesection, Indications and Contraindications
4. Leeching therapy
5. Massage therapy
6. Wax therapy
7. Role of therapeutic diet in various Metabolic disorders
8. Recent trend of research in Ilaj bit Tadbeer
9. Potentials of Ilaj bit Tadbeer in the management of Lifestyle Disorders
10. Therapeutic application of various modalities of Ilaj bit Tadbeer in the management of Musculoskeletal disorders
11. Intervention of Ilaj bit Tadbeer in pain management
12. Module of research in Ilaj bit Tadbeer

Tentative Schedule:

Corresponding Address:
Prof. Mohd Anwar
Chairman
Department of Ilaj bit Tadbeer, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh-202001, (U.P.) India

Contact No.- 0571-2403022, 08979224254, 09412276843, 08755199034
Continuing Medical Education (CME) for Teachers on Ilaj bit Tadbeer

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Department of Ilaj-bit-Tadbeer, Faculty of Unani Medicine, Aligarh Muslim University, Aligarh-202002

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on
05-10 December 2016

REGISTRATION FORM

Name of Delegate: ...........................................................................................................................................

Designation: .................................................. Registration Number.................................................................

Name of Institution / Department........................................................................................................................

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State..............................................................................................................................................................

Date of first continuous appointment...................... Total experience....................................................

Address for Communication: ..........................................................................................................................

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Email Id: ........................................ Mobile No.: .............................................................

Whether the candidate has attended any other CME in same academic year 2016-17. Yes/No............

Signature of Delegate

Name & Designation of forwarding authority.................................................................

Remark: .................................................................................................................................

Signature of Forwarding Authority (Seal)

Instructions:

1. The application should be duly forwarded by the competent authority i.e. D.O./Director/Principal/Head of Institution.
2. The total number of trainees will be 30 to the maximum, not more than 5 trainees from a particular state.
3. The candidates will be selected on the basis of seniority.
4. The priority will be given to the subject concerned teachers. In case of non availability of subject concerned teachers then allied subject teachers may be considered.
5. No amount will be paid to the trainees except reimbursement of travelling expenses. The TA will be paid for AC-II class Train fare/AC-Bus to the trainees subject to production of original tickets. However, boarding and lodging will be provided by the Department as per AYUSH rule.