Dear Colleagues & Scholars,

It gives us immense pleasure to share that the Department of Tahaffuzi wa Samaji Tib (Preventive & Social Medicine), Faculty of Unani Medicine, Aligarh Muslim University, Aligarh is going to organize a “National Diabetes Workshop- Care, Control & Cure” on the eve of World Health Day on 7th April, 2016.

World Health Organization each year selects a theme that highlights priority areas of public health. At present WHO is focusing the next World Health Day on 7th April 2016 on diabetes because the diabetes epidemic is rapidly increasing in many countries, with the documented increase most dramatic in low- and middle-income countries of the World. A large proportion of diabetes cases are preventable. Simple lifestyle measures have been shown to be effective in preventing or delaying the onset. According to statistics from the International Diabetes Federation (IDF), India has more diabetics than any other nation of the world. Current estimates peg the number of diabetics in the country at about 62 million – an increase of over 10 million from 2011 when estimates suggested that about 50.8 million people in the country were suffering from this disease. By the year 2030, over 100 million people in India are likely to suffer from diabetes.

The objective of the Workshop is to reduce the burden of diabetes and pre-diabetes by facilitating the adoption of proven approaches to prevent or delay the onset of diabetes and its complications. To increase the awareness and knowledge of the seriousness of diabetes, its risk factors and to learn about the effective strategies for preventing complications associated with diabetes. A workshop provides the participants a hands-on approach for implementing the proficiency they learn as caregivers in Diabetes. Workshops also provide an insight into diverse topics and motivate learners to explore new areas of care, control and cure of Diabetes. The workshop is purposefully planned to accommodate a relatively precise group of participants, encouraging individual attention to each attendee by the super specialty experts. Workshop will also be an attempt to validate on scientific parameters that herb, dietary supplements, and lifestyle management are more effectively used to treat and control diabetes.

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Convener Workshop             Organizing Secretary & Chairman
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