Psychology of Learning, Motivation and Cognition

Objectives: After completing the syllabus the learners will be able to:

1. understand various theories of learning.
2. acquaint themselves with the concept and theories of motivation.
3. understand the meaning, theories of transfer of learning and its application.
4. comprehend the meaning of memory and forgetting.
5. Understand the concept of sensation, Metacognition and laws of perception.

UNIT-I Learning

1. Concept and definition of learning.
3. Cognitive Theories of learning: learning by insight and Tolman`s theory.
4. Hull`s theory of learning, Lewin`s field theory of learning, Gagne`s eclectic theory.
5. Humanistic theory of Carl Rogers and Social learning theory of Albert Bandura.

UNIT-II Motivation and Transfer of Learning

1. Concept and definition of motivation.
2. Methods of motivating learners in the classroom.
3. Peer, Parental & Teachers influences on Motivation.
4. Theories of Motivation.
5. Transfer of learning – Meaning, theories and its applications.

UNIT-III Memory and Forgetting

1. Concept and definition of Memory.
2. STM, LTM
3. Forgetting and its theories.
4. Methods to improve memory.
5. Information Processing and model of memory and theories.

UNIT-IV Cognition and Concept Development

2. Piaget`s theory of Cognitive development.
3. Concept formation, problem solving and learning styles.
4. Basic concept of Meta Cognition: Belief, Knowledge and Monitoring.
5. Theory of Constructivism.
Books Recommended: