OFFICE OF THE REGISTRAR
(ACADEMIC SECTION)
A. M. U., ALIGARH

No.Acad/D- \[\text{295} / \text{AGK}\]

Dated: \[\text{02-08-2016}\]

Speed- Post

The Director,
AYUSH
Ministry of AYUSH
Government of India,
Nirman Bhawan,
New Delhi-110058

Subject: Research Project proposal entitled "Evaluation of Effect of PRANAYAMA (controlled Breathing) in Anxiety Disorders" for financial assistance.

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Dear Sir,

I am directed to forward herewith 04 copies of Major Research Project proposal alongwith CD on the subject cited above submitted by Professor Suhail Ahmad Azmi, Department of Psychiatry, Faculty of Medicine duly signed by the Registrar as Head of the Institution for your consideration.

Yours faithfully

Encl: As above.

No.Acad/D- \[\text{770} / \text{AGK}\]

Copy to:-
1. Dean, Faculty of Medicine
2. Chairman, Department of Psychiatry
3. Professor Suhail Ahmad Azmi, P.I. through the Chairman
4. Deputy Finance Officer (Scholarship /Grants)

\[\text{Ch AIRMAN} \]
Department of Psychiatry
J.N. Medical College
A.M.U., Aligarh

(S. Ruhul Kabir)
Assistant Registrar
(Academic)

Dated: \[\text{03-08-2016}\]

\[\text{Signatures}\]
Assistant Registrar (Academic)