

**DEPARTMENT OF EDUCATION  
ALIGARH MUSLIM UNIVERSITY, ALIGARH**

(Semester-I)

ED-802

Diploma in Teaching

(4 Credits)

Theory: 75

Sessional: 25

**EDUCATIONAL PSYCHOLOGY – I**

**Objectives :** After being taught this course, the students are expected to realize the following objectives :

- Know the basic concept of educational psychology.
- Know the scope of educational psychology and understand the importance of it for the teacher.
- Understand the growth and development of the learner and its importance for the teacher.
- Know about individual differences.
- Understand the concept of learning.
- Know about various approaches to learning and their educational implications.

**Unit – I : Concept of Educational Psychology and Growth of the learner.**

1. Meaning and definitions of educational psychology
2. Scope of Educational Psychology
3. Meaning, growth and development.
4. Aspects of learner's development:
  - Physical
  - Cognitive
  - Emotional
  - Social

**Unit – II : Understanding the learner as a person .**

1. Meaning and nature of individual differences.
2. Dimensions of individual differences.
  - Age
  - Sex
  - Intelligence.
  - Socio-economic Status
3. Heredity as a cause of individual differences.
4. Environment as a cause of individual differences.

**Unit – III : Learning**

1. Concept of learning.
2. Theory of Trial and Error and its educational implications.
3. Classical conditioning approach and its educational implications.
4. Theory of insight and its educational implications.

**Unit- IV: Remembering and Forgetting**

1. Remembering: meaning and concept.
2. Memory: meaning and types.
3. Techniques to improve memory.
4. Concept of forgetting

**BOOKS RECOMMENDED :**

- Abdul AhadShah :Nafsiyat aur TalimiMasael.
- Abdul Rauf : Bachchon ki Nafsiyat
- Abdul Rauf :JadeedTaleemiNafsiyat .
- Ahmad Shakir :Bachchon Ki Nashonuma.
- Dr. Salamtullah :Talim Mein Nafsiyat ki Ahmiyat.
- MasarratZamani :TalimiNafsiyat ke NayeZaviye.