Department of Physical Education  
Faculty of Social Sciences  
Aligarh Muslim University, Aligarh

**Answer Key**

Departmental Admission Test (Written) - 20 Objective Questions (MCQ)  
of  
Bachelor of Physical Education (B.P.Ed.) Course 2017-18  
(held on 03rd July, 2017 from 10:00 a.m. to 11:00 a.m.)

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<th>Q.No.</th>
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<td>1.</td>
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<td>2.</td>
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<td>3.</td>
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<td>4.</td>
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<td>12.</td>
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<td>19.</td>
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(Prof. Brij Bhushan Singh)  
Chairperson  
Dept. of Physical Education  
A.M.U., Aligarh

**Report Error/Discrepancy if found in B.P.Ed. Departmental Admission Test MCQ 2017-18:**  
**Important:** If there is any discrepancy/error in the above Answer Key of B.P.Ed. Course 2017-18  
(MCQ), displayed on the website, please report it to the Chairperson, Department of  
Physical Education, Aligarh Muslim University, Aligarh directly along with the  
documentary evidence in support of your claim OR through the mail: chairperson.pc2015@gmail.com within 48 hours.  
Also attach the scanned copy of documents in support and also to provide your Name,  
Roll No, and Course name with the representation, failing which it will not be entertained.
20 Objective Questions (MCQ) – 20 Marks

1. The blood gets oxygenated in
   (A) Lungs
   (B) Muscle
   (C) Liver
   (D) Heart
   Answer: A

2. What is the percentage of water in human body:
   (A) 50%
   (B) 60%
   (C) 70%
   (D) 80%
   Answer: C

3. Which nutrients are essential to growth and repair of muscle and other body tissues
   (A) Proteins
   (B) Minerals
   (C) Carbohydrate
   (D) Vitamins
   Answer: A

4. The rich source of Vitamin A is
   (A) Citrus fruits
   (B) Banana
   (C) Grape fruits
   (D) Dried apricot
   Answer: D

5. Height of Volleyball net for women is
   (A) 2.21 m
   (B) 2.22 m
   (C) 2.23 m
   (D) 2.24 m
   Answer: D

6. What is the distance of penalty stroke from goal line in hockey
   (A) 6 Yards
   (B) 8 Yards
   (C) 9 Yards
   (D) 7 Yards
   Answer: D

7. What is the name of the stadium, where first modern Olympic games were held
   (A) Pen Athenic
   (B) Colosseum
   (C) Ampithetre
   (D) Dedessalem
   Answer: A
8. Health is a state of complete well being? Identify the dimension that is not the part of WHO definition
   (A) Physical
   (B) Mental
   (C) Social
   (D) Vocational

9. ...............is the ability of the heart to deliver oxygen to the working muscles during exercise, and to absorb and utlize oxygen.
   (A) Cardio respiratory endurance
   (B) Aerobic fitness
   (C) Cardio respiratory fitness
   (D) All of the Above

10. Asana in yoga comes under
   (A) Raj Yoga
    (B) Hath Yoga
    (C) Laya Yoga
    (D) Sankhya Yog

11. Distance of Marathon race is
   (A) 43.195 km
    (B) 42.195 km
    (C) 41.185 km
    (D) 40.165 km

12. When was the Indian Olympic Association (IOC) established?
   (A) 1927
    (B) 1928
    (C) 1929
    (D) 1930

13. A moderately active man needs on an average how many calories day
   (A) 1800
    (B) 2800
    (C) 3000
    (D) 1600

14. Don't make so much noise. Shyam ..... to study for his test.
   (A) try
    (B) tries
    (C) tried
    (D) is trying
15. ..... many times every winter in Kashmir.  
   (A) It snows  
   (B) It snowed  
   (C) It is snowing  
   (D) It is snow  
   A 

16. Babies ..... when they are hungry.  
   (A) cry  
   (B) cries  
   (C) cried  
   (D) are crying  
   A 

17. Deepika ..... her blue jeans today, but usually she wears a skirt or a dress.  
   (A) wears  
   (B) wearing  
   (C) wear  
   (D) is wearing  
   D 

18. Sorry, you can not borrow my pencil. I............ it myself.  
   (A) was using  
   (B) using  
   (C) use  
   (D) am using  
   D 

19. I ............tennis every Sunday morning.  
   (A) Playing  
   (B) Play  
   (C) am playing  
   (D) am play  
   B 

20. How many students in your class......... from Uttar Pradesh.  
   (A) comes  
   (B) come  
   (C) came  
   (D) are coming  
   B 

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