ortho connections
JNMC Orthopaedic Alumni
Scientific Meet 2018
February 10, 2018

Department of
Orthopaedic Surgery
A link to the Past & A bridge to our future

Chairperson
D/o Orth. Surgery
Organising Chairman’s Message

Dear JNMC Orthopaedic Alumni,

We, the members of the Organizing Committee, are eagerly looking forward to seeing you at “Ortho Connections” – the JNMC Orthopaedic Alumni Scientific Meet on February 10, 2018.

Each of us has a different relationship with the Department of Orthopaedic Surgery, JN Medical College — some of us joined the department as faculty and have remained here since our college days. But most have gone far and wide, to all the corners of the globe. But you will all agree that one of the best parts of each of our roles is meeting alumnae and hearing about our lives during and after college.

What is remarkable and greatly impressive is the way JNMC Ortho alumnae sustain each other through their friendships with JNMC classmates and by the deep-seated love alumnae express for this institution and its history.

Alumni meets are times to celebrate these relationships with each other and with the College. This year’s inaugural meet, in addition, offers you an opportunity to interact with experts from across the globe. It will be a unique chance to share and enhance knowledge on the latest international research and developments. Apart from the invigorating scientific programme, we will also offer the attendees an unforgettable social and cultural experience.

We're especially looking forward to the ‘informal chit-chat’ in LT-1. It will give us a chance to let our guards down and travel back in time, to those wonderful days.

We are certain you will enjoy your time with friends, old and new, on our beautiful campus!

Sincerely,

Prof. Naiyer Asif
Chairman
Department of Orthopaedics
JN Medical College, AMU

Prof. M. K. A. Sherwani
Convenor, JNMC Ortho. Alumni Meet
Department of Orthopaedics
JN Medical College, AMU

Like branches on a tree, we all grow in different directions, but our roots keep us all together.
Organising Committee

Patron-in-Chief
Prof. Tariq Mansoor
Vice-Chancellor, A.M.U

Patron
Prof. Tabassum Shahab
Pro VC, AMU

Co-Patron
Prof. S.C. Sharma
Dean & Principal, JNMCH

Convener
Prof. M.K.A. Sherwani

Co-Convener
Prof. Mazhar Abbas

Organising Chairman
Prof. Naiyer Asif

Co-Organising Chairmen
Prof. Shah Alam Khan
Dr. Jamal Ashraf

Organising Secretary
Dr. Sohail Ahmad

Co-Organising Secretary
Dr. Keshav Gupta

Joint-Organising Secretary
Dr. Ziaul Hoda Shaan

Advisory Committee
Prof. S. A. Sadiq
Prof. M. Farooque
Prof. A. A. Iraqi
Dr. Pradeep Kumar
Dr. Gyan Kumar
Dr. A. P. S. Gujral
Dr. J. S. Ranyal
Dr. R. K. Narula
Prof. M. Zahid
Dr. Deepak Shah
Dr. V. Ram Iyer
Dr. S. S. Sanyal
Dr. K. B. Attri
Dr. Balgopal Nair

Scientific Committee
Dr. Manoj Mittal
Dr. Osama Habib
Dr. Anup Agarwal
Dr. Sumeet Singhal
Dr. Latif Zafar Jilani
Dr. Kumar Shantanu Anand
Dr. Najam-ul-Hoda
Dr. Javed Jamil

Alumni Directory
Prof. Aamir Bin Sabir
Dr. M. J. Khan
Dr. M. Faizan
Dr. Julfiqar

Inauguration & Cultural
Dr. Vikram Sehgal
Dr. Latif Zafar Jilani
Dr. Manoj Kumar Garg
Dr. Matloob Rehman
Dr. Fazeel A. Khan

JN Med College
CELEBRATE
REUNION 2018

Treasurer
Dr. Julfiqar

Reception Committee
Dr. Praveen Garg
Dr. Fazal-ur-Rehman
Dr. Vivek Jain
Dr. Parag Shekhar

Transport & Accommodation
Dr. Sanjeev Garg
Dr. M. Faizan
Dr. Basheer Rais Khan
Dr. Deepak Rai

Food
Dr. Abdul Qayyum Khan
Dr. Yasir Salaam Siddqui
Dr. Pradeep Varshney
Dr. Zafar Ahmad Khan

Registration
Dr. Brijesh Tyagi
Dr. M. J. Khan
Dr. Ankur Agarwal
Registration Form

Name: ---------------------------- Age: --------------- Sex: ---------------

Correspondence Address: -----------------------------------------------

City: -------------- State: -------------- Country: -------------- Pin: ---------------

Mobile: ---------------------------- E-mail: ----------------------------

Accompanying persons details:
1. ----------------------------  2. ----------------------------
3. ----------------------------  4. ----------------------------

Accommodation required: ----------------- (Yes / No)

Delegates requiring accommodation are requested to send one day hotel charge as per
the tariff mentioned on the accommodation form. Delegates can book their accommodation
directly using the contact number / email ID mentioned on the accommodation form.

Registration fee: Rs. 2500.00 per delegate. Kindly confirm your registration upto 15th Jan. 2018,
so that proper arrangement can be made. Please transfer the Registration fee into the bank account
directly and send us the transfer details along with the registration form.

(Registration for spouse and children will be complementary), however they need to be registered.

Bank details:
Name of account: “JNMC Ortho Alumni Scientific Meet-2018”
Name of Bank: Andhra Bank, Medical Road, Aligarh (Branch Code: 1682)
Account No.: 168210100097571
IFSC Code: ANDB0001682
MICR Code: 202011002

Chairperson
D/o Orth Surgery

Correspondence
Dr. Sohail Ahmad
Organising Secretary
Dept. of Orth. Surgery,
J.N. Medical College
A.M.U., Aligarh-202002, India
Mobile: 09837225881

Email
jnmcorthoalumnimeet@gmail.com
drsohailahmad@rediffmail.com
Accommodation Form

Name: ___________________________ Age: _______ Sex: _______
Correspondence Address: ________________________________
City: ______________ State: ___________ Country: ___________ Pin: _______________
Mobile: __________________ E-mail: __________________

Accompanying persons details:
1. ___________________________
2. ___________________________
3. ___________________________

Date and time of check in: _______________
Date and time of check out: _______________

Hotel Tariff:

Melrose Inn (Marris Road, Aligarh, 0571-2402801/02/03, Mob: 9927036668,
info@hotelmelroseinn.com, bookinghotelmelroseinn@yahoo.com)

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<tr>
<th>Room category</th>
<th>Single</th>
<th>Double</th>
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<tbody>
<tr>
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<td>3700</td>
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<tr>
<td>Deluxe Room</td>
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<td>3900</td>
</tr>
<tr>
<td>Super Deluxe</td>
<td>3700</td>
<td>4300</td>
</tr>
<tr>
<td>Executive Deluxe</td>
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<td>4600</td>
</tr>
<tr>
<td>Executive Suite</td>
<td>4200</td>
<td>4800</td>
</tr>
<tr>
<td>Mansingh Suite</td>
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<td>5100</td>
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Palm tree (Marris Road, Aligarh, 09756207353, 08171956423,
reservation@palmtreealigarh.com, email@palmtreealigarh.com)

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<tr>
<td>Family Suite (3 beds)</td>
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<td>5250</td>
</tr>
<tr>
<td>Family Suite Premium (4 beds)</td>
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</table>

Hotel Abha Regency (Ramghat Road, Aligarh, 0571-2400041/42,
Mob: 9520188852, reservations@abharegency.com)

<table>
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<tr>
<td>Executive</td>
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<td>3799</td>
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<tr>
<td>Suite</td>
<td>4299</td>
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</table>

Chairperson
Dio Orth. Surgery
<table>
<thead>
<tr>
<th>Topic</th>
<th>Organising Secretary</th>
<th>Date</th>
<th>Attendance</th>
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<tr>
<td>JNMC Ortho Alumni Scientific Meet 2018</td>
<td>Dr. Sohail Ahmad</td>
<td>10.2.2018</td>
<td>175</td>
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<tr>
<td>BCLS – Indian Resuscitation Guidelines Schedule (Workshop)</td>
<td>Dr. M.J. Khan</td>
<td>31.3.2019</td>
<td>32</td>
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<td>CME &amp; Hands on Workshop on Pelvis Acetabular Trauma</td>
<td>Dr. Sohail Ahmad</td>
<td>28.7.2019</td>
<td>100</td>
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<tr>
<td>UPOA Trauma Course</td>
<td>Dr. Lami Zafar Jilani</td>
<td>20.10.2019</td>
<td>125</td>
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<tr>
<td>CME on Clubfoot &amp; Cerebral Palsy</td>
<td>Dr. Yasir Salam Siddiqui</td>
<td>6.12.2019</td>
<td></td>
</tr>
</tbody>
</table>
Dated: 5.10.2016

Dr. Ashis Acharya
Department of Orthopaedics
Sir Ganga Ram Hospital
Delhi.

Dear Dr. Acharya,

Your extra-mural lectures on, “Shoulder Instability”, delivered on 5th October, 2016 and surgical demonstration (Live Surgery Demonstration) of arthroscopic repair of Bankart's Lesion, were extremely well received by the audience. Your contributions and teachings were greatly admired by the postgraduates. On the whole, all the faculty members, postgraduates, Interns who attended these lectures and surgical demonstration were highly benefited.

On behalf of the Department of Orthopaedic Surgery, I gratefully acknowledge and put on record our appreciation of this academic contribution.

I would, once again, like to immensely thank you for taking all the trouble to come to Aligarh and enlighten all of us, with your knowledge and experience.

Looking forward to similar interactions in future.

With warm personal regards.

Yours Sincerely

Prof. Mazhar Abbas
Dated: 31.3.2017

Mr. Rehan A. Siddiqi
M.S.Orth., M.Ch. Orth. (Liverpool), FRCS Ed. (Tr. & Orth.)
Consultant Orthopaedic Surgeon
Borders General Hospital
Borders NHS Trust
Melrose, Roxburghshire, TD6 9BS, Scotland
United Kingdom

Subject: Letter of appreciation

Dear Mr. Siddiqi,

Your extra-mural lecture on, “Rotator Cuff Injury” and Faculty lecture on, “Frozen Shoulder”, delivered on 9th February, 2017, followed by live surgical demonstration of Shoulder Arthroscopy and Arthroscopic repair of Bankart’s lesion, were extremely well received by the audience. Your contributions and teachings were greatly admired by the postgraduates. On the whole, all the faculty members, postgraduates & Orthopaedic surgeons, who attended these lectures and surgical demonstration were highly benefited.

On behalf of the Department of Orthopaedic Surgery & Dean, Faculty of Medicine, I gratefully acknowledge and put on record our appreciation of these academic contributions.

I would, once again, like to immensely thank you for taking all the trouble to come to Aligarh and enlighten all of us, with your knowledge and experience.

Looking forward to similar interactions in future.

With warm personal regards.

Yours Sincerely

Prof. Mazhar Abbas
Email: mathewvarghese.ms@gmail.com

Dated: 20.8.2018

Dr. Mathew Varghese
Head, Department of Orthopaedics
St. Stephens Hospital, New Delhi

Subject: Letter of appreciation

Dear Dr. Varghese,

Your extension lecture on, “Cerebral Palsy and its Management” and another on, “Clinical gait analysis” as well as your interaction with the undergraduates on 18th August, 2018, were extremely well received by the audience. Your teaching was greatly admired by the postgraduates & undergraduates. On the whole, all the faculty members, postgraduates & undergraduates, who attended these lectures were highly benefited.

On behalf of the Department of Orthopaedic Surgery, I gratefully acknowledge and put on record our appreciation of your academic contributions.

I would, once again, like to immensely thank you for taking all the trouble to come to Aligarh and enlighten us, with your knowledge and experience.

Looking forward to similar interactions in future.

With warm personal regards.

Yours Sincerely

Prof. Naiyer Asif
Chairperson
Mobile: 9634560874
Personal E-mail: naiyerasif@gmail.com
Dated: 23.2.2019

Dr. Mathew Varghese  
Head, Department of Orthopaedics  
St. Stephens Hospital, New Delhi

Subject: Letter of appreciation

Dear Dr. Varghese,

This is just to say that Dr. Abbas Ali Khan Memorial Oration delivered by you, on 17th February, 2019 in Bareilly during the Annual Conference of UP Orthopaedic Association was very well received by the audience and it did provide the desired impact in a cohesive manner. Your oration generated lot of enthusiasm among the audience. Your contribution was highly rated by each and everyone.

On behalf of the Department of Orthopaedic Surgery, I gratefully acknowledge and put on record our appreciation of your academic contribution.

I would, once again, like to immensely thank you for taking all the trouble to go to Bareilly and deliver this prestigious oration.

Looking forward to similar interactions in future.

With warm personal regards.

Yours Sincerely

Prof. Naiyer Asif  
Chairperson  
Mobile: 9634560874  
naiyerasif@gmail.com
<table>
<thead>
<tr>
<th>Topic</th>
<th>Lecturer / visitor</th>
<th>Date</th>
<th>Attendance</th>
</tr>
</thead>
</table>
| Invited Lecture  
"Avoiding errors, missed injuries and poor results in orthopaedics" | Dr. Dawar Abbas, M.S Orth., M.Sc. (Trauma) FRCS, (Associate Specialist. Milton Keynes Hospital) UK | 27.8.2014 | |
| Extra-mural lecture  
Waste Management  
Sample Collection | Dr. Nazish Fatima  
Dr. Fatima Khan  
D.O Microbiology | 10.9.2014 | |
| Invited Lecture  
Management of Acute Limb Ischaemia | Dr. Azam Haseen  
Assistant Professor CTVS | 17.9.2014 | |
| Workshop on Acute Flaccid Paralysis (AFP) | Dr. Vikas Madan  
Dr. Snehil Singh | 30.9.2014 | |
| Departmental Extension Lecture  
"Physical Injuries" | Prof. Shah Alam Khan  
Dept. of Orthopaedics. All India Institute of Medical Sciences, New Delhi | 7.2.2015 | |
| Extension Lecture  
When to and when not to Operate in Spine | Dr. Raman Dhawan  
New York, USA | 24.8.2015 8-9 a.m. | (26+12 LC) +5 Phy |
| Extra-mural lecture  
My Journey in Orthopaedics | Dr. Raman Dhawan  
New York, USA | 24.8.2015 3-4 p.m. | (26+12) +5 Phy |
| Extra-mural lecture  
MR Imaging of Knee – Surgeon’s Perspective | Dr. Mehtab Ahmad  
Asstt. Prof. (Radiodiagnosis) | 5.11.2015 | (15+16)+5 |
| Extra-mural lecture  
De-escalation of SSI – The Surgical Bundle Approach  
2. Hand Hygiene & Infection Control | Dr. Fatima Khan (Asstt. Prof., Micorbiology)  
Dr. Askia Sultan (Asstt. Prof., Micorbiology) | 14.11.2015 | (23+2)+5 |
| Extra-mural lecture  
Dietary Antioxidants: Useful or Useless in Arthritis | Prof. Tariq M. Haqqi, Ph D. | 24.11.2015 | (24+8)+6 |
| Extra-mural lecture  
Demonstration for Shoulder Arthroplasty | Dr. Himanshu Kataria, Director & Professor Sports Injury Centre, Safdarjung Hospital, Delhi. | 12.5.2016 | (17+8)+5 |
| Extra-mural lecture  
Shoulder Instability | Dr. Ashis Acharya  
Department of Orthopaedics  
Sir Ganga Ram Hospital  
Delhi | 5.10.2016 | (17+11)+6 |
| Extra-mural lecture  
Periprosthetic Fracture around Hip – Repair / Replacement | Dr. Waajah Jamal Ashraf  
Ujala Medical Center  
B-2247, Indira Nagar  
Lucknow-226016  
Mobile: 9415100454 | 24.12.2016 | (20+13)+5 |
| Extra-mural lecture  
Rotator Cuff Injury | Mr. Rehan A. Siddiqui  
M.S. Orth., M.Ch. Orth. (Liverpool) FRCS Ed. (Tra & Orth)  
Consultant Orthopaedic Surgeon  
Borders General Hospital  
Borders NHS Trust  
Melrose, Roxburghshire TD9 9BS  
Scotland, United Kingdom | 9.2.2017 | (29+1)+6 |
Dated: 3.9.2019

Ms. Ridhi Selarka
Senior Brand Manager
Sun Pharma (Crosslands)
Mumbai.

Dear Ms Selarka,

Your talk on, "Uses of Teriparatide and Bisphosphonate in Osteoporosis", delivered on 3rd September, 2019 was extremely well received by the audience. On the whole, all the faculty members, postgraduates, Interns who attended this talk were highly benefited.

On behalf of the Department of Orthopaedic Surgery, I gratefully acknowledge and put on record our appreciation of this contribution.

I would, once again, like to immensely thank you for taking all the trouble to come to Aligarh and enlighten all of us, with your knowledge and experience.

Looking forward to similar interactions in future.

With warm personal regards.

Yours Sincerely

Prof. Naiyer Asif
Chairperson

Chairperson
D/o Orth Surgery
<table>
<thead>
<tr>
<th>Extra-mural Lecture</th>
<th>Lecturer/Details</th>
<th>Date</th>
<th>Duration</th>
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</thead>
<tbody>
<tr>
<td>THR: What we must know for stability</td>
<td>Dr. Md. Quamar Azam (Lecturer) Dept. of Orthopaedics KGMU, Lucknow</td>
<td>15.7.2017</td>
<td>(26+2)/6</td>
</tr>
<tr>
<td>Fibular Nailing - My Experience</td>
<td>Dr. S. Neshat Anjum</td>
<td>28.10.2017</td>
<td>(34+5)/5</td>
</tr>
<tr>
<td>Departmental Extension Lecture &quot;Low Back Pain&quot;</td>
<td>Mr. M. Salman Ali (Retired) Consultant Orthopaedic Surgeon West Midlands Hospital, Colman Hill Halesowen, West Midlands B63 2AH, UK <a href="mailto:salmaanali@goodlemail.com">salmaanali@goodlemail.com</a></td>
<td>12.2.2018</td>
<td>(32+5)/6</td>
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<tr>
<td>Evidence based Management of Lumbar Disc Disease</td>
<td>Dr. Nupur Pruthi Additional Professor Department of Neurosurgery NIMHANS, Bangalore</td>
<td>16.5.2018</td>
<td>41+6</td>
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<tr>
<td>Less Understood Lesions of Musculoskeletal Oncology (Fibromatosis, LCH &amp; Hemangiomas)</td>
<td>Prof. Shah Alam Khan AIIMS, New Delhi</td>
<td>30.6.2018</td>
<td>(31+2)/6</td>
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<tr>
<td>Extension Lecture</td>
<td>Dr. Mathew Varghese Head, Department of Orthopaedics St. Stephens Hospital, New Delhi Email: <a href="mailto:mathewvarghese.ms@gmail.com">mathewvarghese.ms@gmail.com</a></td>
<td>18.8.2018</td>
<td>41+6</td>
</tr>
<tr>
<td>Cemented Total Hip Arthroplasty</td>
<td>Dr. Dawar Abbas MS, FRCS Orthopaedic Surgeon Milton Keynes University Hospital (UK) 7456081966</td>
<td>27.8.2018</td>
<td>(36+3)/6</td>
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<tr>
<td>DDH Diagnosis &amp; Management</td>
<td>Dr. Alaric Aroojis Medical Officer A-401, Business Square, Solitaire Corporate Park, Chakala, Andheri (East) Mumbai 400063 Mob: 9320284402 <a href="mailto:alaric.aroojis@miraclefeet.org">alaric.aroojis@miraclefeet.org</a></td>
<td>24.9.2018</td>
<td>(41+5)/6</td>
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<tr>
<td>How to perform literature search</td>
<td>Prof. Najmul Huda D/O Orthopaedics Teerthanker Mahaveer Medical College &amp; Research Centre, Moradabad</td>
<td>16.3.2019</td>
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<tr>
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| **Extra-mural Lecture**                                             | Ms. Ridhi Selarka  
Uses of Teriparatide and Bisphosphonate in Osteoporosis  
Senior Brand Manager  
Sun Pharma (Cosslands)  
Mumbai.                                                               | 3.9.2019  |
| **Extension Lecture**                                               | Dr. Manish Vaish  
(Dept. of Neurosurgery)  
Osteotomies And Beyond In Restoring Spline Balance  
MS. M Ch Neurosurgery  
Max Super Specialty Hospital, New Delhi | 10.12.2019 |
| **Extension Lecture**                                               | Dr. Raman Dhawan  
Spondylolisthesis—Various interbody fusion methods; their indications and surgical techniques  
0013155594065,0013154701051  
4755-Carnoustie Lane  
Manlius, New-York-13104, USA  
ramandhawan@hotmail.com  
001-315-6829466                                                    | 24.12.2019 |
| **Extension Lecture**                                               | Study not held                                                                                 |            |

*Chairperson*

D/o Orth Surgery