OBJECTIVES

At the end of the course, the student will be able to:

1. Understand behaviour sciences in relation to psychiatry
2. Introducing concept of psychiatric disorders and their classification
3. Awareness of general issues about etiology of psychiatric disorders and methodology used to study etiology of these disorders.
4. Ability to diagnose and treat common psychiatric disorders like schizophrenia, acute manic episode, depression, anxiety disorders including phobias and OCD.
5. Recognized other psychiatric disorders and refer them to specialist.
6. Understand the concept of personality disorders.
7. Ability to diagnosis and treat alcohol and drug dependence and withdrawal states.
8. Ability to diagnose common psychiatric disorders in children and adolescent.
9. Ability to diagnose common psychiatric disorders in elderly population.
10. To know the role of counselling and psychological therapies in treatment of psychiatric disorders.
11. To know role of psychological testing in assessment of psychiatric disorders.

COURSE CONTENT

1. **Introduction and classification of Psychiatric disorders:**
   Concept of psychiatric disorders; need for classification; types of classification e.g. a theoretical, symptom – based; introducing the International Classification of Diseases (ICD) and the Diagnostic and Statistical Manual (DSM); major categories of psychiatric disorders.

2. **“Sign & Symptoms” in psychiatry:**
   Definitions and explanation of terminologies used in psychiatric disorders, Delusion & its type, Hallucinations & its types, Illusion, Mood, Affect, Thinking, Memory, Attention & concentration, Judgement, Insight.

3. **Schizophrenia spectrum and other psychotic disorder:**
   Epidemiology, clinical features, subtypes, diagnosis, overview of aetiology, course, treatment-pharmacological.

4. **Bipolar disorders:**
   Epidemiology, clinical features, diagnosis, overview of etiology, course, treatment – pharmacological.
5. Depression:
Epidemiology, clinical features, diagnosis, overview of aetiology, co-morbidity with organic disorders, course, treatment – pharmacological.

6. Anxiety disorder:
Types of anxiety disorders; phobia, clinical features and epidemiology; diagnosis, differential diagnosis; overview of aetiology, course, treatment – pharmacological and non-pharmacological.

7. OCD spectrum disorder:
Clinical features and epidemiology, differential diagnosis; overview of aetiology, course, treatment – pharmacological and non-pharmacological.

8. Somatic symptom disorders:
Types, Epidemiology, clinical features, diagnosis, differential diagnosis, aetiology, prognosis, treatment.

9. Personality disorders:
Concept of personality disorders, epidemiology, classification, assessment, overview of clinical features, aetiology, prognosis.

10. Substance use disorder and behavioural addiction:
Concept of abuse and dependence, epidemiology of alcohol, opiate cannabis and others dependence; clinical features, withdrawal symptoms including complicated withdrawal, psychosocial complications, aetiology, outcome, treatment.

11. Intellectual disability (MR)

12. Psychiatric disorders in elderly:

13. Psychiatric disorders of childhood and adolescence:
Classification of childhood psychiatric disorders, epidemiology, clinical features, aetiology, assessment.

14. Counselling and psychological therapies:
Counselling process, skills, different counselling approaches, behaviour therapy, cognitive therapy and its applications.

15. Psychometry:
What are psychological tests, standardization, reliability, validity, intelligence test, personality test, application.

16. Psychiatric Emergencies:
Common psychiatric emergences and its management.
TEACHING AND LEARNING METHODOLOGY

Lectures and discussions with patients

EXAMINATION AND MARKS DISTRIBUTION - AS PER MCI

Internal Assessment – Viva -10 marks (clinical posting / ward leave viva)

Text Book Recommended

New Oxford Text of Psychiatry
Synopsis of Psychiatry

Approved and revised by the Board of Studies, Department of Psychiatry in its ordinary meeting held on 28.02.2018