ONE WEEK ORIENTATION PROGRAM ON ISLAMIC COUNSELING

Venue: Aligarh Muslim University Murshidabad Centre, West Bengal

February 10-16, 2019 (Tentative)

About Islamic Counselling
Islamic Counselling is an integrated therapeutic intervention which is based on the Quran, hadith, Islamic practices (Sunnah) and cultivation of Islamic values. Islamic Counseling is about the consciousness, awareness of God by the means of the Counseling process. Islamic Counseling is based on an integrated framework guided by the principles of Islamic belief and practices. Through religious practices like prayer, recitation of the Holy Quran, forgiveness, repentance (taubah), faith, pilgrimage and spiritual support we can cultivate strength and can improve our mental well-being. Thus, understanding in a new way is the need of the hour as it is a means by which people with stereotypical perspective about 1Counseling can actually receive help without having their concerns come in way. Islamic 1Counseling has emphasized upon the core aspects of Islamic teaching that will help an individual to better adapt him/herself to the demands of the situation and better prepare him/herself for the affairs of the world and the hereafter.

Benefits to the Participants
- The program will benefit to the participants in understand the basic counselling process in the context of Islamic Psychology.
- Participants’ competency enrichment to uphold their market value in cut throat competitive paradigm.
- Skill Development
- Academic progression with multi-phasic benefits to counselors.
- Manual Islamic Counselling

For Registration, Contact:

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Registration fees: Rs. 2000/= 

About the Resource Person

Dr. Akbar Husain is Professor in the Department of Psychology and Dean, Faculty of Social Sciences, Aligarh Muslim University, Aligarh (India). He has more than 38 years of teaching and research experience. His fields of specializations are: Clinical-Health Psychology, Positive-Spiritual Psychology, Counselling Psychology and Islamic Psychology. He has authored co-authored and edited 35 books; published 240 papers. He was awarded with Sir Syed Innovation Award - 2018 Outstanding Researcher of the Year.