OBJECTIVES

At the end of the course, the student will be able to:

1. Understand behaviour sciences in relation to psychiatry
2. Introducing concept of psychiatric disorders and their classification
3. Awareness of general issues about etiology of psychiatric disorders and methodology used to study etiology of these disorders.
4. Ability to diagnose and treat common psychiatric disorders like schizophrenia, acute manic episode, depression, anxiety disorders including phobias and OCD, conversion and dissociative disorders.
5. To be able to diagnose severe/suicidal cases of depression and to refer them.
6. Understand the concept of personality disorders.
7. Ability to diagnosis and treat alcohol and drug dependence and withdrawal states.
8. Ability to diagnose common psychiatric disorders in children.
9. To know the role of counselling and psychological therapies in treatment of psychiatric disorders.
10. Demonstrate role of psychological testing in assessment of psychiatric disorders.

COURSE CONTENT

1. Introduction and classification of Psychiatric disorders
   Concept of psychiatric disorders; need for classification; types of classification e.g. atheoretical, symptom – based; introducing the International Classification of Diseases (ICD) and the Diagnostic and Statistical Manual (DSM); major categories of psychiatric disorders; diagnosis of organic disorders.

2. “Sign & Symptoms” in psychiatry :
   Definitions and explanation of terminologies used psychiatric disorders Delusion & its type, Hallucinations & its types, Illusion, Mood, Affect, Thinking, Memory, Attention & concentration, Judgement, Insight.

3. Schizophrenia
   Epidemiology, clinical features, subtypes, diagnosis, overview of aetiology, course, treatment-pharmacological, role of ECT.

4. Bipolar disorders
   Epidemiology, clinical features, diagnosis, overview of aetiology, course, treatment – pharmacological.
5. Depression
   Epidemiology, clinical features, diagnosis, overview of aetiology, co-morbidity with organic disorders, course, treatment – pharmacological.

6. Anxiety neurosis, phobia and OCD
   Types of anxiety disorders; phobia, OCD, clinical features and epidemiology; diagnosis, differential diagnosis; overview of aetiology, course, treatment – pharmacological and non-pharmacological.

7. (Somatoform) Disorders
   Types, Epidemiology, clinical features, diagnosis, differential diagnosis, aetiology, prognosis, treatment.

8. Personality disorders
   Concept of personality disorders, epidemiology, classification, assessment, overview of clinical features, aetiology, prognosis.


    Classification of childhood psychiatric disorders, epidemiology, clinical features, aetiology, assessment.

11. Counselling and psychological therapies
    Counselling process, skills, different counselling approaches, behaviour therapy, cognitive therapy and its applications.

12. Psychometry
    What are psychological tests, standardization, reliability, validity, intelligence test, personality test, application.

13. Psychiatric Emergencies
    Common psychiatric emergencies and its management.

**TEACHING AND LEARNING METHODOLOGY**

Lectures and discussions with patients

**EXAMINATION AND MARKS DISTRIBUTION - AS PER MCI**

Internal Assessment – Viva - 10 marks (clinical posting / ward leave viva)
1. **Twenty theory lectures:**

<table>
<thead>
<tr>
<th>Topics</th>
<th>No. of Lectures</th>
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<tbody>
<tr>
<td>i) Introduction of Psychiatry</td>
<td>one</td>
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<tr>
<td>ii) Signs and symptoms (including sleep disorders)</td>
<td>one</td>
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<tr>
<td>iii) Organic mental disorders</td>
<td>two</td>
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<td>iv) Personality disorders</td>
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<tr>
<td>v) Schizophrenia</td>
<td>one</td>
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<td>vi) Mood disorders</td>
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<tr>
<td>vii) Anxiety disorders (GAD, Panic disorders, OCD, Phobias)</td>
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<tr>
<td>viii) Substance related disorders &amp; behavioural addiction</td>
<td>two</td>
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<td>ix) Somatoform disorders</td>
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<tr>
<td>x) Eating disorders</td>
<td>one</td>
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<td>xi) Psychiatric emergencies</td>
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<tr>
<td>xii) Psychological methods of treatment</td>
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<tr>
<td>xiii) Psychometry</td>
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<tr>
<td>xiv) Child Psychiatry</td>
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<tr>
<td>xv) Behavioural Sciences in relation to Psychiatry</td>
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<tr>
<td>xvi) ECT/Forensic Psychiatry</td>
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2. **Fifteen Days Clinical posting on schedule as per Dean’s office during MBBS.**

Approved and revised by the Board of Studies, Department of Psychiatry in its ordinary meeting held on 16.11.2017