CIRCULAR

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Recently, large number of dengue cases have been reported in Aligarh. Dengue is transmitted by the bite of infected *Aedes mosquitoes*. This mosquito is a day biter and breeds mainly in the overhead tanks, desert coolers, containers, disposable cups, cold drink bottles etc. and also large unused hardware articles lying unattended on the rooftops.

Although, the University Health Office is spraying insecticides continuously, regularly cleaning the open drains and carrying out anti larval measures. These activities alone are not enough to protect everyone or to prevent all dengue infections. To reduce and control dengue, number of actions are to be taken by all.

Therefore, it is requested to take the following measures to prevent transmission of Dengue:

1. Ensure emptying of the desert coolers every weekend and clean them properly scrubbing before refilling.
2. All the overhead tanks should be tightly covered by lid. The Old tanks lying unused need to be removed to avoid collection of rain water.
3. All the flower pot trays should be cleaned every week.
4. In case of construction, proper care should be taken, to not allow stagnation of water more than a week.
5. The roof tops should be cleaned for smooth flow of water to avoid mosquito breeding in stagnant water.
6. To avoid mosquito bite, students are advised to wear full sleeved clothing, use bed nets and mosquitoes repellents.
7. Ensure proper meshwork on doors and windows of the rooms.

(Dr. Ali Jafar Abedi)
University Health Officer
University Health Officer
A.M.U., Aligarh